

SPECIALTY COFFEE

Latte	2.65	3.45	3.75
Mocha	3.25	3.85	4.55
White Chocolate Mocha	3.25	3.85	4.55
Caramel Macchiato	2.95	3.65	3.95
Cappuccino	2.65	3.45	3.75
Americano	1.95	2.35	2.95
Cafe Breve	2.65	3.45	3.75
Espresso Shots	1.55	2.25	2.55
Extra Shot/Flavors/Soy/Almond Milk			.55¢

FRESH BREWED

House Coffee	1.50	1.85	2.00
Iced Coffee 16 & 24 oz		2.45	2.95

ALTERNATIVES

Hot Tea		1.85	2.15
Chai Latte	2.95	3.65	3.95
Hot Chocolate		2.65	3.15
Green Tea Latte	2.75	3.55	3.95

CHILLED FAVORITES & BLENDED

	16 oz	24 oz
Iced/Blended Mocha	4.25	4.95
Iced/Blended White Mocha	4.25	4.95
Iced Latte	3.85	4.25
Iced Americano	3.80	4.25
Espresso Shake		4.95
Green Tea Smoothie		4.95
Dark Cherry Mocha		4.95

SPECIALTY DRINKS

FRUITY

Fresh Orange Juice	3.50	4.75
Fresh Watermelon Juice	3.50	4.75
Fresh Lemonade		2.95
Strawberry Mango Peach Pomegranite		
Watermelon Cherry Pineapple		
Hawaiian Berry	3.50	4.95
Coconut-Pineapple, Blackberry, Strawberry		
Papa Special	3.50	4.95
Coconut-Pineapple, Orange		
Tropical	3.50	4.95
Coconut-Pineapple, Papaya		

NUTRITIONAL

A.M. L.A.	4.95
Fresh Orange Juice, Oranges, Banana, Honey, Protein(10g)	
Triple Fruit	4.95
Papaya Juice, Fresh Strawberry Puree, Banana, Honey, Protein(10g)	
Tropical Delight	4.95
Coconut Juice, Pineapple Juice, Banana, Fresh Strawberry Puree, Banana, Honey, Protein(10g)	
Peach Pizazz	4.95
Peach Juice, Peaches, Banana, Honey, Protein(10g)	

Strawberry Flair 4.95

Fresh Strawberry Puree, Apple Juice, Banana, Honey, Protein(10g)

Island Call 4.95

Coconut-Pineapple Juice, Papaya Juice, Mangos, Pineapples, Protein(10g)

Arnold Schwarzenberry 4.95

Blackberry Juice, Strawberries, Blackberries, Banana, Honey, Protein(20g)

Tropical Banana Whip 4.95

Coconut-Pineapple Juice, Papaya Juice, 2 Bananas, Honey, Protein(10g)

Mambo Mango 4.95

Mango, Apple Juice, Pineapple, Banana, Honey, Protein(10g)

Super Weight Gainer 4.95

Whole Milk, 2 Bananas, Honey, Carob(4oz), Dates, Protein(15g)

POWER DRINK MENU

24oz \$5.25

These Drinks Provide Your Daily Requirements Of Fruits & Vegetables

Amp Up

Pineapple, Strawberry, Ginger, Lemon Thyme, Galangal, Lavender, Rambutan, Apple, Lime, Mango, Lemongrass, Persimmon, Nutmeg, Melon

Astro-Heart

Celery, Spinach, Avocado, Pineapple, Apple, Nutmeg, Basil, Lemongrass, Ginger, Lemon Thyme, Clementine, Cardamom, Lime, Spirulina

Muscle

Blueberry, Blackberry, Strawberry, Raspberry, Cardamom, Mint, Almond Milk, Banana, Raw Cocoa Nibs, Dates, Cinnamon, Vanilla, Soy Protein

Vitamin-Mine

Pineapple, Lemongrass, Lychee, Lemon Thyme, Nigella Seeds, Ginger, Cardamom, Blackberry, Blueberry, Strawberry, Raspberry, Banana, Apple, Mint, Dates *This drink gives you: All of your daily fiber needs. A quarter of your daily iron needs.*

Approx. 10% of your daily magnesium, phosphorus, B1, B2, B5, B6, K and A vitamins.

SMOODY MOOD DRINKS

24oz \$5.25

Passionate

Pineapple, Lemongrass, Ginger, Lemon Thyme, Galangal, Apple, Saffron, Rambutan, Lime

Confident

Dates, Espresso Coffee, Raw Cocoa Nibs, Almond Milk, Cinnamon, Cardamom, Vanilla

Elegant

Blueberry, Blackberry, Strawberry, Raspberry, Banana, Apple, Lime, Dates, Mint

Reflective

Apple, Banana, Raw Cocoa Nibs, Dates, Lavender, Lychee, Acai

Romantic

Mango, Strawberry, Persimmon, Lemon, Rosemary, Melon, Nutmeg, Apple

Mysterious

Goji Berries, Pineapple, Avocado, Spinach, Celery, Basil, Poppy Seeds, Apple, Juniper

Since 1984, Lovebirds Cafe & Bakery has strived to bring customers the highest quality food at a great price in a clean environment. Most of our organic produce is purchased locally and our eggs are from Free Range farms. At Lovebirds Cafe & Bakery, we freshly bake more than 130 items, including all the breads from scratch on a daily basis. Our coffee beans are organic, environmentally friendly and meets fair trade requirements. Deli meats are whole muscle cuts and with no fillers. Thank you for years of support.

"Because of our customers, we exist since 1984"

LOVEBIRDS



CAFE & BAKERY

At Lovebirds Cafe & Bakery our day starts the night before so that we may bring you the highest quality, all-natural, freshest food possible.

"Because of our customers, we exist since 1984"

COLORADO & LAKE

921 E. Colorado Blvd.

Pasadena, CA 91106

Ph. 626.583.8888 • Fax 626.583.8878

1/2 Block East of Lake Avenue

Follow Us at:



comments@lovebirdscafe.com

Catering Available

*All pastries may contain walnuts or other nuts.
All items may not be available at all locations at all times.
Menu items and prices subject to change without notice.*

LOVEBIRDS CAFE & BAKERY

888 East Walnut Street

Pasadena, CA 91106

Ph. 626.568.0088 • Fax 626.568.0099

LOVEBIRDS CAFE & BAKERY

750 S. Raymond Ave.

Pasadena, CA 91105

Ph. 626.789.1981

www.lovebirdscafe.com

powered by quality™

CUSTOM SANDWICHES

Choice of Bread: Seven Grain Capitola Sour Dough Heidelberg Rye Jewish Egg Westphalian Pumpernickel Soft French Roll Lavash Ciabatta Baguette Bagel Pita All Butter Croissant (add \$1.00) Dr. Snyder (Seven Grain with Walnuts, Raisins & Honey)

Choice of Cheese: Swiss Provolone Sharp Cheddar Pepper Jack Gruyere **Add: .45**

All Sandwiches Include: Mayonnaise, Romain Lettuce and Tomato, unless specified

LIGHT & REFRESHING

	WHOLE	HALF
Turkey Breast <i>320-590 cal.</i>	6.50	4.75
Black Forest Ham <i>320-590 cal.</i>	6.50	4.75
Smoked Turkey <i>320-590 cal.</i>	6.50	4.75
Corned Beef <i>490-710 cal.</i>	6.50	4.75
Roast Beef <i>470-690 cal.</i>	6.50	4.75
Mortadella <i>330-600 cal.</i>	6.50	4.75
Italian Salami <i>670-890 cal.</i>	6.50	4.75
Vermont Turkey <i>330-600 cal.</i>	6.50	4.75
Turkey & Ham <i>320-590 cal.</i>	6.50	4.75
Turkey & Roast Beef <i>440-650 cal.</i>	6.50	4.75

Add Avocado 1.50, Add Bacon 1.50

SALAD SANDWICHES

	WHOLE	HALF
Albacore Tuna <i>360-670 cal.</i>	6.95	4.95
Olivieh <i>390-700 cal.</i>	6.95	4.95
Chicken Breast, Potatoes, Pickles, Hard Boiled Egg, & Mayo		
Caesar Chicken Salad <i>375-550 cal.</i>	6.95	4.95
Chicken Salad <i>370-680 cal.</i>	6.95	4.95
Wasabi Tuna <i>260-360 cal.</i>	6.95	4.95
Egg Salad <i>515-625 cal.</i>	5.35	

Add Avocado 1.50, Add Bacon 1.50

HOT & DELICIOUS

	WHOLE	HALF
Kirby's Thanksgiving Turkey <i>420-510 cal.</i>	6.95	4.95
Turkey Breast, Stuffing & Cranberry Sauce		
Chicken Breast <i>365-615 cal.</i>	6.95	4.95
Chicken Basil <i>290-540 cal.</i>	6.95	4.95
Breaded Chicken Parmesan <i>490-700 cal.</i>	6.95	4.95
w/Marinara Sauce		
Curry Chicken Breast <i>290-540 cal.</i>	6.95	4.95
BBQ Chicken <i>290-540 cal.</i>	6.95	4.95
Chicken Breast, BBQ Sauce, Red Onion		
B.L.T. <i>630-930 cal.</i>	6.95	4.95
Paul's French Dip <i>510-690 cal.</i>	6.95	4.95
Meat Loaf, w/Sweet & Sour Sauce <i>530-620 cal.</i>	6.95	4.95
Meat Ball <i>550-640 cal.</i>	6.95	4.95
Classic Reuben <i>525-705 cal.</i>	6.95	4.95
Pastrami <i>390-530 cal.</i>	6.95	4.95

Add Avocado 1.50, Add Bacon 1.50

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VEGETARIAN

Red & Green Combo <i>460 cal.</i>	6.95
Mixed Greens, Romaine Lettuce, Tomato, Cucumber, Avocado, Provolone Cheese	
Love That Basil <i>440 cal.</i>	6.95
Mixed Greens, Gruyere Cheese, Avocado, Fresh Basil, Tomato, Cheese, Pesto	
Garden Burger <i>350 cal.</i>	6.95
Hass Avocado & Cheese <i>710 cal.</i>	6.95
Cheddar & Provolone Cheese, Mayo and Tomato	
Vegetarian Turkey <i>470 cal.</i>	6.95
Peanut Butter & Jelly <i>430 cal.</i>	3.50

LOVEBIRDS SPECIALTIES

	WHOLE	HALF
Wild Alaskan Salmon <i>380 cal.</i>	8.75	5.75
cream Cheese, Capers, Red Onion, Tomato		
California Sub <i>530 cal.</i>	8.75	5.75
Turkey, Roast Beef, Ham, Prov. Cheese, Cheddar Cheese		
Italian Sub <i>630 cal.</i>	8.75	5.75
Salami, Ham, Mortadella, Provolone Cheese, Italian Dressing on Ciabatta		
French Connection <i>820 cal.</i>	8.75	5.75
Smoked Turkey, Bacon, Gruyere Cheese, Onion, Mayo and Dijon		
Hank's Favorite <i>730 cal.</i>	8.75	5.75
Tuna, Bacon, Avocado, Lettuce and Tomato		
Muffuleta <i>490 cal.</i>	8.75	5.75
Turkey, Ham, Hard Boiled Egg, Lettuce, Tomato & Mayo		
Campbell's Avocado Turkey <i>565 cal.</i>	8.75	5.75

PANINI

Turkey Pesto <i>550 cal.</i>	4.50
Turkey Breast, Prov. Cheese, Fresh Basil, Tomatoes, Pesto Sauce	
Balsamic Chicken Breast <i>550 cal.</i>	4.50
Chicken Breast, Sun-Dried Tomatoes, Pepper Jack Cheese, Balsamic Vinegar	

POCKETS

<i>Tossed Salad comes in a fresh baked Ciabatta, or Wrap</i>	
Tom's Cobb Pocket <i>650 cal.</i>	8.75
Greek <i>550 cal.</i>	8.75
w/ Chicken Breast	
Asian <i>590 cal.</i>	8.75

SIDES

Air Fries	1.95	SCOOPS & MORE
Chili Fries	3.50	Tuna
Chips	1.25	Chicken Breast
Grab & Go Salad	2.25	Olivieh
Avocado	1.75	Egg Salad
Bacon	1.75	Meat 3 oz
		Chicken breast 3 oz

SALADS

Choice of Dressing

House Vinaigrette Ranch
Caesar Italian Blue Cheese

*All of our Salads are Made in House using fresh ingredients
salad calories are based on half size portions*

	WHOLE	HALF
Maria's <i>190 cal.</i>	7.75	6.25
Spring Mix, Cranberry, Celery, Candied Walnuts, Bleu Cheese Crumbs <i>Add Chicken Breast 1.50</i>		
Caesar Salad <i>185 cal.</i>	7.75	6.25
<i>Add Chicken Breast 1.50</i>		
Spinach <i>460 cal.</i>	8.25	6.75
Baby Spinach, Bacon, Mushroom, Red Onion, Hard Boiled Egg <i>Add Chicken Breast 1.50</i>		
Greek <i>190 cal.</i>	7.75	6.25
Lettuce, Red Onion, Bell Pepper, Olives, Feta Cheese <i>Add Chicken Breast 1.50</i>		
Asian Chicken <i>380 cal.</i>	9.25	7.75
Chicken Breast, Spring Mix, Shredded Cabbage, Carrots, Water Chestnuts, Mandarin Oranges, Chow Mein Noodles, with Roasted Sesame Dressing		
Chef <i>376 cal.</i>	9.25	7.75
Turkey, Ham, Provolone & Cheddar Cheese		
Cobb <i>670 cal.</i>	9.25	7.75
Mix of Bacon, Chicken Breast, Hard Boiled Eggs, Avocado on bed of Greens and Bleu Cheese Crumbs		
Red & Green <i>220 cal.</i>	7.75	6.25
Romaine Lettuce, Greens, Cherry Tomato, Avocado <i>Add Chicken Breast 1.50</i> <i>Add Tuna or Chicken Salad 2.50</i>		
Waldorf <i>250 cal.</i>	7.75	6.25
Red Grapes, Walnuts, Apple, Celery, in Yogurt Dressing		
White Albacore Tuna <i>450 cal.</i>	8.25	6.75
Chicken Salad <i>450 cal.</i>	8.25	6.75
Caprice <i>210 cal.</i>	8.25	6.75
Spring Mix, Tomato, Fresh Mozzarella Cheese, Basil, Walnuts		

SOUPS

	LARGE	SMALL
Homemade Soup	4.95	3.95

COMBINATIONS

Choice of Salad

Caesar Red & Green Greek Maria's

Half Sandwich, Soup or Salad	7.95
Half Avocado Turkey Sandwich, Soup or Salad	8.50
Half Tuna Salad Sandwich, Soup or Salad	8.50
Half Chicken Salad Sandwich, Soup or Salad	8.50

FROM THE BAKERY

All bakery items are baked fresh daily

BREADS & ROLLS

Seven Grain, Capitola Sour Dough, Heidelberg Rye, Jewish Egg, Westphalian Pumpernickel Dr. Snyder (Seven Grain with Walnuts, Raisins & Honey)	5.25
Ciabatta / Baguette 2.50 Soft French Roll .55 Cinnamon Raisin ~ Made to Order 4.25 Toast with Butter and/or Jelly 1.50	

BAGELS

Blueberry Onion Bacon & Cheddar Cinnamon-Raisin Sesame Jalapeno & Cheddar Water Bagel	1.75
Add Butter .30 Add Cream Cheese .30 Add Bacon 1.50	

PASTRIES

Cinnamon Roll	2.50
Blueberry Streusel	2.35
Cinnamon Cream Cake	2.35
Scone, Apple Turnover, Palm Leaf	1.75
Bobbee	2.25

CROISSANTS

All Butter	2.00
Fruit Filled	2.25
Fruit & Cream Cheese	2.25
Almond or Chocolate	2.50
Spinach and Feta Cheese	3.25
Ham & Cheese	3.25
Scrambled Eggs & Cheese	3.25
Ham, Egg & Cheese	4.75
Bacon, Egg & Cheese	4.75

DANISHES \$2.25

Bear Claw Fruit Poppy Seed Almond Cheese	
MUFFINS \$2.25	
Banana Walnut Sour Cream Blueberry Carrot Marble Chocolate Almond-Poppy Seed Honey Bran	

COOKIES

Checker Chocolate Chip Butter Holiday Oatmeal Raisin Chocolate Chip-Walnut Oatmeal Raisin-Walnut	.95
White Chocolate Macadamia Chocolate Macaroon Raspberry Filled Black & White Hamantashen	1.25
Raspberry Heart	1.85

BOXED COOKIES

European Cookies 5.95 per box Dozen Traditional Cookie Combination	9.80
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BAR\$ \$2.35

Caramel Apple Brownie Pecan Chocolate Chunk Lemon Rocky Road Raspberry Granola	
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